

## VascuTherm 4

### What is Cold Compression Therapy?

- Combination of cryotherapy and static compression
- Most commonly used for the treatment of pain and reduction of swelling injury and surgery
- VascuTherm 4 operates on a mixture of alcohol and water

### What is Intermittent Pneumatic Compression?

- Therapeutic technique used to improve venous circulation in limbs

### Why Should I Use My VascuTherm 4 Device?

Using your device as prescribed is critical to see the benefits of the system listed below:

- **Reduce edema** – Excess fluids, or edema, can contribute to swelling and reduce range of motion. Active compression helps remove lymph and cellular wastes and other fluids.
- **Reduce pressure** – Swelling caused by edema results in uncomfortable pressure in the surrounding area, which can be relieved with active compression therapy.
- **Faster healing** – As excess fluids are pumped away, fresh nutrient-rich blood is pumped toward the injured area. Damaged tissues heal faster with access vital nutrients and oxygen.
- 
- **Less pain** – Pressure reduction translates to less pain and discomfort, and a faster healing process means that you will experience pain for a shorter period of time.

### How To Use Your VascuTherm 4 Device

1. Place unit upright on level surface 1-foot from any obstruction that could restrict airflow
2. Connect the output connector and the power supply to the back of the unit.
3. Connect the power cord to the power supply input connector and connect the opposite end of the power cord to a grounded wall outlet. The unit will power-up and the START screen will be presented.
4. Apply the prescribed therapy wraps to the indicated portions of your body as described on the wrap instructions contained in the wrap packaging.
5. Unscrew and remove the reservoir cap from the top of the unit. Using the coolant bottle supplied with the therapy system, fill the reservoir to the bottom of the reservoir neck. Close the cap tightly.
6. Connect the clear and gray hoses from the umbilical hose to the therapy wrap used for treatment. On the front of the unit, connect the clear and gray hoses from the umbilical hose. If DVT compression wraps are to be used, connect the wrap connectors to the DVT ports of the unit.
7. By selecting "START THERAPY" on the Start screen, the pre-programmed therapy is initiated and the Main Therapy screen will appear.
8. To stop therapy, select "STOP THERAPY" on the Main Therapy screen.

