

Cothera – VPULSE Device

What is Cold Compression Therapy?

- Combination of cryotherapy and static compression
- Most commonly used for the treatment of pain and reduction of swelling injury and surgery

What is Intermittent Pneumatic Compression?

- Therapeutic technique used to improve venous circulation in limbs

Why Should I Use My Cothera Device?

Using your device as prescribed is critical to see the benefits of the system listed below:

- **Reduce edema** – Excess fluids, or edema, can contribute to swelling and reduce range of motion. Active compression helps remove lymph and cellular wastes and other fluids.
- **Reduce pressure** – Swelling caused by edema results in uncomfortable pressure in the surrounding area, which can be relieved with active compression therapy.
- **Faster healing** – As excess fluids are pumped away, fresh nutrient-rich blood is pumped toward the injured area. Damaged tissues heal faster with access vital nutrients and oxygen.
- **Less pain** – Pressure reduction translates to less pain and discomfort, and a faster healing process means that you will experience pain for a shorter period of time.

Also Included with your Cothera VPULSE DVT Prophylaxis Option

- Place wraps around your calves
 - Mimics natural ambulation and return of blood flow to the affected area.
 - Prevents clotting in deep veins after surgery. Such clots can become dislodged and travel to other parts of the bloodstream, leading to severe complications such as pulmonary embolism.
- Use is especially important for patients who suffer from edema or are at risk of Deep Vein Thrombosis (DVT) or pulmonary embolism.

